

Telephone Consultation

Unsere **telefonische Sprechstunde** findet statt

Wednesday 11:00 a.m. to 12:00 p.m.

Tel.: (030) 30 39 06 -0

(We will return your call on the same day)

You can find us here

Gesundheits- und Sozialzentrum Moabit (GSZM)
Haus K • Eingang C



Bus- & Underground Connection

Bus 123, 187 • U-Bhf. Turmstr. (U9)

Contact Information

Zentrum ÜBERLEBEN
Rehabilitation for Torture Victims and Traumatized
Refugees
Outpatient Department for Adults

Turmstr. 21
D-10559 Berlin
info@ueberleben.org / www.ueberleben.org
Tel. (030) 30 39 06 -0
Fax (030) 30 61 43 71

Further services at Zentrum ÜBERLEBEN

- Children and Youth Department
- Day Clinic
- Housing Community Project for Female Migrants
- Department for Refugee and Migration Services: services for integration, occupational qualification, psychological and psychosocial counselling



For further Information: www.ueberleben.org



Rehabilitation for Torture Victims and Traumatized Refugees

Outpatient Department for Adults



**If the violent you've experienced
weighs you down.**

**We will accompany you on your
path after trauma.**

If you have experienced Torture or Violence

You have experienced torture and violence during an armed conflict.

Since then, your life has changed.

The memories burden you. Perhaps you have trouble sleeping, feel tense or constantly afraid.

You suffer from pain or feel depressed.

Perhaps you have the feeling that you cannot talk to anyone about these experiences.

One day,
I get up in the morning....
No problems, no war, freedom and peace
I'm dreaming – one day

(Poem of a patient)

There is help available

We treat people who were subjected to persecution and torture or the violence of war and suffer the consequences.



People from diverse cultures and regions of the world come to us.

We will help you to overcome the mental and physical consequences of torture and violence.

Following a comprehensive diagnostic process, we'll create an individual treatment plan together.

Our offerings

- medical and psychological diagnostics
- social welfare consultation and support
- medical und psychotherapeutic treatment (individual and group arrangements)

Our Team is composed of

- doctors
- social workers
- psychotherapist



Interpreters are available to facilitate verbal communication.

The treatment is free of charge.